Сөйлеу тілінде кемістігі бар балаларға бейнелеу іс-әрекеті жеке-дара шығармашылық қабілетін дамытады және қарапайым дағдыларын қалыптастыруға ықпал етеді, дүниені тануы мен эстетикалық қабылдауын дамытады.

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# PSYCHOLOGICAL ASPECTS OF DIRECTING STUDENTS TO PROFESSIONS IN THE EDUCATIONAL PROCESS

#### Abstract

The article provides information on the psychological aspects of guiding students to a profession and professional training, interest in professional activity, adaptation to the profession, professional enlightenment, professional consultation, professional diagnostics, and training sessions on career orientation.

**Key words**: professional training, interest in professional activities, adaptation to the profession, professional enlightenment, professional consultation, professional diagnosis, career orientation, career choice, professional knowledge, professional counseling, professional diagnosis, professional training

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# ПСИХОЛОГИЧЕСКИЕ АСПЕКТЫ ПРОФЕССИИ СТУДЕНТОВ В ОБРАЗОВАТЕЛЬНОМ ПРОЦЕССЕ

## Аннотация

В статье представлена информация о психологических аспектах ориентации учеников на профессию и профессиональную подготовку, заинтересованности в профессиональной деятельности, адаптации к профессии, профессиональном просвещении, профессиональном консультировании, профессиональной диагностике, тренингах по профориентации.

**Ключевые слова:** профессиональная подготовка, интерес к профессиональной деятельности, адаптация к профессии, профессиональное просвещение, профессиональное консультирование, профессиональная диагностика, профессиональная ориентация, выбор профессии, профессиональные знания, профессиональное консультирование, профессиональная диагностика, профессиональное образование.

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# БІЛІМ БЕРУ ҮДЕРІСІНДЕГІ СТУДЕНТТЕР КӘСІБІНІҢ ПСИХОЛОГИЯЛЫҚ АСПЕКТІЛЕРІ

#### Аңдатпа

Мақалада оқушылардың мамандыққа және кәсіптік даярлыққа бағдарлануының психологиялық аспектілері, кәсіптік қызметке қызығушылық, мамандыққа бейімделу, кәсіптік білім беру, кәсіптік кеңес беру, кәсіптік диагностика, кәсіптік бағдар беру бойынша тренингтер туралы ақпарат берілген.

**Түйінді сөздер:** Кәсіптік оқыту, кәсіптік қызметке қызығушылық, мамандыққа бейімделу, кәсіптік білім беру, кәсіптік беру, кәсіптік диагностика, кәсіптік бағдар беру, кәсіп таңдау, кәсіптік білім, Кәсіптік кеңес беру, кәсіптік диагностика, кәсіптік білім

Mankind has always tried to feed itself and satisfy its needs, and it is still on this path. Man began to satisfy his needs, first of all, for food, shelter, clothing. Later, when new civilizations appeared, i.e. humanity became more and more civilized, it began to produce products necessary for its needs. First of all, these created the desire to create professionals in this field and to satisfy the needs of the society for these products. Our country opens up all the opportunities for its youth to grow up to become a mature person through education. The easiest and most effective ways to get an education have been created in our country. It is important for educational institutions to organize and develop the process of education at a high level, to select talented young people and increase their potential, to educate a mature generation with high morals, and at the same time to prepare them to choose a profession taking into account their interests and abilities. entrusted with important tasks.

If we look at our history, we can see that the ancestors of the current Uzbek people have traveled a long and difficult way to create a unique culture several thousand years ago. For example, our oldest written monument, Avesta, plays an incomparable role in our possession of valuable information about the views and teachings of our ancestors regarding the education of the young generation. In the Avesta, in general, the great idea that a person can get rid of all evils through hard work is put forward.

In the Avesta, young people are encouraged to learn a profession, to live a prosperous life with honest work. It can be seen that from the earliest times, our people have paid great attention to the education of children, to ensure that they will have a professional and prosperous life.

Our great thinkers and lexicographers, who have grown up in our country, have expressed valuable opinions in their great works on the issues of educating young people and training them in professions, and have given guidance on what to pay attention to in this regard. those who showed directions. Abu Nasr Farabi, one of the great encyclopedic scholars, expressed his first thoughts about profession and gave valuable advice, for example, he said that education is a set of words and skills, and education is an activity consisting of practical skills, and that certain professions. He said

that people who are interested in learning will become real masters of this profession. It is clear from these comments that the scholar recognized that the profession has been a very necessary means of life for mankind since ancient times.

The basis of Farobi education and training is the formation of a perfect person, in which to give the youth appropriate education and training, to guide them to a profession, to achieve happiness and a place in society. the idea is to help them find it. Professional activity is important in everyone's life. Parents think about their children's future from the first steps. By observing their children's interests and abilities, they try to determine their professional future. In particular, the education provided at school creates a selective attitude of the student to various subjects, and some children quickly notice their interest in certain subjects, i.e. art, music, etc. By adolescence, the problem becomes more severe. Many students and parents know in advance what profession they will choose.

Many school graduates wonder who I will be in the future or what field I will specialize in. - and face the problem of choosing a profession. As a result, the majors are randomly chosen by students. Some of the school graduates immediately get a job without any special training or understanding of their professional future. In this case, finding a place in the professional world will have a special meaning. Some of them hesitate about the correctness of the choice in the first year of study, others - at the beginning of independent professional activity, some of them after 3-4 years of work in the profession, some of the young people cannot find a job in their profession after graduating from a vocational school. and joins the ranks of the unemployed. Therefore, the problem of choosing a profession remains relevant for them. Psychological fatigue, anxiety, lack of confidence in the future, and looking at the future create certain difficulties in finding oneself in the world of work.

Students with professional training face the problem of finding a job. Entering a team with people of different ages among its new members, getting used to professional activity, and understanding a new social role will cause problems for the future specialist. The stage of adaptation includes the form of professional social maturity and socialization. The changed professional situation leads to the formation of new psychological characteristics and qualities.

Pedagogues working in the system of professional education should determine which of these five types of interest or inclination children have and develop them. Extracurricular activities, organizing trips to museums, zoos, botanical gardens, enterprises, and nature will also give effective results in forming interests and inclinations. Expected results can be achieved if students are motivated and interested in professions, their formation and growth are carried out in cooperation with parents.

Preparing students for a conscious and correct career choice, i.e. professional selection, consists of the following measures, which are interrelated and implemented together:

Vocational education - taking into account the socio-economic needs of local conditions, the needs of one or another profession, experts, the content of professional work in various professions, the demands of the profession on a person, the material and spiritual conditions of work to inform the conditions of promotion, the types of educational institutions where it is possible to acquire a profession, that is, students will get acquainted with the character and peculiarities of various professions and specialties.

Vocational counseling is individual in nature and involves helping some students to understand the characteristics of the profession they want to take up and their capabilities.

Vocational diagnostics - it is assumed that the person of the subject of choosing a profession among students is compatible with the requirements of the chosen profession.

Vocational selection (qualification) is the process of distinguishing the persons who can successfully occupy a certain profession and fulfill their civic (private) duty at a high level. Based on professional knowledge, certain skills, qualifications, based on verification criteria, rational sorting is carried out.

Professional orientation is considered a form of orientation of a person's personality, and this situation penetrates into his deep personality structures. Professional orientation is based on individual-psychological and individual-typological characteristics of a person, his value system, stereotypes, abilities and interests.

Important factors in choosing a profession are as follows:

- 1. Vocational selection is the process of choosing a future professional direction based on information about the qualifications, requirements, and diseases that interfere with a person's ability to acquire professions.
- 2. In the process of professional adjustment-acquiring a profession, each child, student takes into account the unique medical, biological and psychophysiological characteristics.

In career guidance, it is appropriate to guide based on the following aspects:

- Professional knowledge;
- Professional advice;
- Professional diagnosis;
- Professional education.

School psychologists can help students who are struggling to choose a profession by using various training sessions to determine the student's career orientation.

Tell me the professions" exercise

Purpose: to expand the range of knowledge about professions

Instructions: write down the names of occupations related to the following fields:

- developer of bread products;
- house builder;
- creator of television programs;
- controller of public order;
- traffic controller;

The duration of the exercise is 5 minutes.

"Identify professions" (pantomime) exercise

Purpose: to expand the scope of knowledge about professions, to update the psychological environment among groups.

Instructions: small groups are asked to pantomime the professions on the cards in their hands without making any sounds. Others should find out what kind of profession it is.

The duration of the exercise is 10-15 minutes.

Exercise "Professions in letters".

Purpose: to expand the knowledge of students in the world of professions.

Instructions: during the training, dividing into small groups, each group should take turns to say professions starting with the letter "Sh". Professions are said in turn without repetition. For example: a doctor, a miner, a chess player, etc.

Currently, the issue of providing youth with education and profession is one of the urgent issues in Uzbekistan. Making many young people who have not mastered their profession skilled, providing them with benefits for society, is one of the big issues facing parents, neighborhood, and society. It is one of the important tasks to realize that interest in the profession and finding benefit from it is necessary for a person himself, as well as for his parents and society. And they set many tasks for young people:

- To choose the right profession that is useful for him;
- To master this profession well and become a master of one's profession;
- To acquire a lot of knowledge about the profession;
- To take a creative approach to the profession;
- He is hardworking, able to organize his own work, possessing the ethics of his profession;
- His desire to create his disciples;
- Bring praise to society and parents with good names;

 To create apprentices who will continue his work and leave his school when the need for retirement arises in the future;

Forming his profession as a profession that serves him and provides for his future.

Such requirements create many opportunities for young people. The need for a profession is inextricably linked with the demands placed on young people. Young people are only interested in and benefit from careers they like.

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# СӨЙЛЕУ ТІЛІНДЕ БҰЗЫЛЫСТАРЫ БАР БАЛАЛАРҒА ЛОГОПЕДИЯЛЫҚ ТҮЗЕТУ ЖҰМЫСТАРЫН ТИІМДІ ҰЙЫМДАСТЫРУ

## Андатпа

Мақалада логопедиялық түзету жұмысының үрдісі сипатталған, әртүрлі сөйлеу бұзылыстары бар балалармен жұмысты ұйымдастыру және мазмұны бойынша педагогтарға әдістемелік ұсыныстар берілген.

Түйінді сөздер: логопедиялық жұмыс, түзету, сөйлеу қабілеті бұзылған балалар.

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# ЭФФЕКТИВНАЯ ОРГАНИЗАЦИЯ ЛОГОПЕДИЧЕСКОЙ КОРРЕКЦИОННОЙ РАБОТЫ ДЛЯ ДЕТЕЙ С НАРУШЕНИЯМИ РЕЧИ

## Аннотация

В статье описан процесс логопедической коррекционной работы, даны методические рекомендации для педагогов по организации и содержанию работы с детьми с различными речевыми нарушениями.

Ключевые слова: логопедическая работа, коррекция, дети с нарушениями речи.